

# WINTER & SPRING BREAK BASEBALL CAMPS

<b>WINTER</b>	FEBRUARY 20-24 <sup>TH</sup> 9:00AM – NOON SARATOGA HIGH BASEBALL FIELD
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<b>SPRING</b>	APRIL 9-13 <sup>TH</sup> 9:00 AM – NOON SOUTH BAY TRAINING FACILITY (INDOORS)
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<b>SPRING</b>	APRIL 16-20 <sup>TH</sup> 9:00AM – NOON SARATOGA HIGH BASEBALL FIELD
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## CAMPERS WILL RECEIVE INSTRUCTION IN:

- HITTING & BUNTING
- PITCHING
- INFIELD & OUTFIELD
- BASE RUNNING
- SPEED & STRENGTH TRAINING
- ARM CARE & ARM STRENGTHENING
- BASEBALL FUNDAMENTALS

COST PER CAMP: \$200 (M-TH), \$50/DAY FOR DROP-INS

AGES 6-14 (GROUPS BROKEN UP BY AGE: 6-8, 9-11, 12-14)

ALL COACHES HAVE COLLEGE AND/OR PROFESSIONAL  
BASEBALL EXPERIENCE

**Space is limited so register at the site below now!**

<http://southbaytraining.hardballsystems.com/>

Questions? Call 408-283-0643